

**ENDOCRINE SYSTEM:**

THYROID DYSFUNCTION \_\_\_\_\_ DIABETES \_\_\_\_\_ HYPOGLYCEMIA \_\_\_\_\_

**NERVOUS SYSTEM:**

HEAD INJURIES/CONCUSSIONS \_\_\_\_\_ DIZZINESS/RINGING IN THE EARS \_\_\_\_\_ DEPRESSION \_\_\_\_\_

LOSS OF MEMORY/CONFUSION \_\_\_\_\_ NUMBNESS/TINGLING \_\_\_\_\_ SCIATICA/SHOOTING PAIN \_\_\_\_\_

CHRONIC PAIN \_\_\_\_\_ OTHER \_\_\_\_\_

**MUSCLES AND JOINTS:**

RHEUMATOID ARTHRITIS \_\_\_\_\_ OSTEOARTHRITIS \_\_\_\_\_ OSTEOPOROSIS \_\_\_\_\_ SCOLIOSIS \_\_\_\_\_

BROKEN BONES \_\_\_\_\_ SPINAL PROBLEMS \_\_\_\_\_ DISK PROBLEMS \_\_\_\_\_ LUPUS \_\_\_\_\_

TMJ, JAW PAIN \_\_\_\_\_ SPASMS/CRAMPS \_\_\_\_\_ SPRAINS/STRAINS \_\_\_\_\_ TENDONITIS/BURSITIS \_\_\_\_\_

STIFF OR PAINFUL JOINTS \_\_\_\_\_ WEAK OR SORE MUSCLES \_\_\_\_\_ OTHER \_\_\_\_\_

ANY OTHER AILMENT OR PHYSICAL CONCERNS NOT MENTIONED ABOVE \_\_\_\_\_

**HEALTH HISTORY**

LIST AND EXPLAIN, INCLUDING DATES AND TREATMENTS:

SURGERIES \_\_\_\_\_

ACCIDENTS \_\_\_\_\_

MAJOR ILLNESSES \_\_\_\_\_

**WHAT ARE YOUR GOALS/EXPECTATIONS FOR THIS SESSION? PLEASE STATE**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PHYSICIAN INFORMATION**

NAME: \_\_\_\_\_ ADDRESS \_\_\_\_\_ CITY/STATE/ZIP \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

**CONTRACT AND CONSENT FOR CARE**

I, \_\_\_\_\_, understand that massage therapists do not diagnose medical, physical, or mental disorders, nor do they perform spinal manipulations by the use of thrusting force. I acknowledge that massage therapy is not a substitute for medical examination or treatment; massage therapy is complementary to medical services. I understand that the massage therapist may refuse to treat the undersigned if an existing medical problem is present and that the massage therapist can request a physician's written clearance before treatment may occur, because a massage therapist must be aware of any existing physical conditions. I have stated all my known conditions and take it upon myself to keep the massage therapist updated on my physical health.

**SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_